

N.S.S Synopsis : 2012-2013

- ❖ An orientation programme was organized for all NSS volunteers on 19.07.2012 by C.M. Anitha N.S.S Programme officer. She spoke about the significance of N.S.S and urged the students to promote a sense of social responsibility.



- ❖ Committee conducted survey in adopted village on 23.11.2012 by 100 volunteers. Nearly 150 houses were surveyed.



- ❖ Organized a Guest lecture on Meditation and Mind Power on 10.09.2012 by Rtd Prof .K. Gopala Krishna, Dept .of Zoology, ANU.



- ❖ A rally on Aids Awareness was taken out by 200 volunteers on 01.12.2012. Later Ms.N.Vijayaratnam, H.O.D, H.Sc gave a talk on HIV virus and AIDS.





- ❖ Participated in Bare Foot Walk for Gunnies Book of World Records on 12.12.12. Twenty five Volunteers along with NSS P.O's participated in that event.



- ❖ Committee conducted campus cleaning programme regularly by NSS volunteers.



- ❖ Central Board for SC women Workers Education collaborated with NSS, in different places like

Sundariah Nagar on 15-01-2013 & 16-01-2013,

Burripalem on 05-02-2013 & 06-02-2013,

Pedaravuru on 12-02-2013 & 13-02-2013

Sangamjagarlamudi on 20-02-2013 & 21-02-2013.



N.S.S Synopsis:2013-2014

Guest Lecture

NSS committee has conducted Guest Lecture on “Meditation” on 10-10-13 for all NSS volunteers by Mrs.K.Nirguna, Dept of Chemistry .She discussed the points like Meaning of Meditation,Endless meditation on endless problem,Peace of mind,Concentration,Mind power,Service and different types of service. Nearly 150 students attended the guest lecture.



Formation of Red Ribbon Club

Red Ribbon Club(RRC) was formed on 14.11.2013 by the NSS Programme officers Mrs. C.M. Anitha & Ms.K.Aruna Sujatha,under the guidance of Master trainee Ms.D.Madhavi Glory, Lect.in Botany, SVRM college, Nagaram. The club was formed with 20 volunteers of NSS. The RRC is voluntary on- campus intervention programme for students. The main aim of this activity is every young student need to be made aware of adverse consequences of HIV infection and the habit of voluntary blood donation there by increasing the

access to safe blood. About 50 volunteers participated in this programme.



SELF DEFENCE

To increase awareness of our surrounding and prepare students for the unexpected, a self-defence training programme was arranged for all NSS volunteers from 18.11.2013 to 28.11.2013 in the old auditorium by Mr.J.RajaRao(Black Belt First Dan) from 4.30p.m. to 5.30p.m. Mr.Raja Rao taught some kicking techniques like punching, Elbow strikes, hooking punch, palm heel strike, ridge hand strike, spear hand and spear finger strike etc.



INTERACTION WITH MUKTI YANADI SOCIETY CHILDREN

On 21 November, 2013, 20 NSS volunteers of JMJ College under the guidance of Mrs. C.M. Anitha & Ms.K.Aruna Sujatha visited the school and organized sports, games and other activities for the inmates. They shared their love, affection and care with the inmates. The interaction was so good that the inmates developed lot of confidence and gained moral support. The NSS volunteers have also distributed snacks to the inmates. Fr. Thomas, the Superior and Fr. Innaiah, the in-charge of the Society were participated in the occasion. Finally Cultural Programme was presented by JMJ NSS volunteers to cheer –up the inmates.



Blood Donation Camp

NSS Unit of JMJ College, with the able guidance of Principal sister Dr. Rosalina held a Blood Donation Camp under the arrangements of Mrs. C.M. Anitha & Ms.K.Aruna Sujatha the programme officers, NSS Unit of the college, with the motto of “DONATE BLOOD AND MAKE YOURSELF PROUD”. The camp was held on 22nd November, 2013. Dr. M. Sirisha, In-

charge of Blood Bank, Government General Hospital, Tenali and six Medical Staff Members were present to test and collect the blood from donors. 50 members of college stood in a line to donate blood. 15 students were selected under health grounds and they have donated their blood for this noble cause. An amount of 200 ml of blood was collected from each donor. The blood donors were given snacks, fruits, biscuits and cold drinks.



AIDS Awareness programme

In connection with world AIDS day NSS Programme officers Mrs. C.M. Anitha & Ms.K.Aruna Sujatha, arranged a talk on AIDS awareness by Mrs.M.AdiLakshmi, HOD of zoology. We along with NSS volunteers reached the village at 11 a.m. The villagers gathered at panchayat office. Mrs.M.AdiLakshmi the resource person encouraged young people to adopt healthy life styles and prevent HIV/AIDS by increasing awareness to promotion of life skills to bring about behavioral change. She explained about the adverse consequences of HIV infection & to develop healthy life styles. Youth suffer most from HIV/AIDS, the epidemic among youth remains largely invisible, both to themselves and to society

as a whole. They often carry HIV for years without knowing that they are infected. This epidemic is spreading beyond high risk groups to the general population making it even harder to control. She created an awareness among the inhabitants of the village .She clarified their doubts and cleared their anxiety and misconception.



N.S.S SPECIAL CAMP

Organised at Sundariah nagar & ST colony, angalakuduru from 24.06.13 to 30.06.13 .Some of the activities done are Cleaning the roads , survey, Preparation of surf and pain balm , Health camp, Collection of medicine , Competitions for school children, Cultural programme, skit performed by Students, Dental camp.





